

Heat A						
Pos	Race no.	Name	Gender	Cat	Club	Time
1	117	LUCAS PARKER	M	MSEN	RUNNING ACADEMY	00:15:30
2	110	MICHAEL MANNINGS	M	MV35	OLDHAM & ROYTON H & AC	00:15:32
3	122	DANIEL SUTTON	M	MSEN	STOCKPORT HARRIERS & AC	00:16:03
4	95	STEVEN BROADBENT	M	MSEN	EAST CHESHIRE HARRIERS & TAMESIDE AC	00:16:18
5	116	MICHAEL OBI	M	MSEN	EAST CHESHIRE HARRIERS & TAMESIDE AC	00:16:19
6	106	HARRY HIND	M	MSEN	STOCKPORT HARRIERS & AC	00:16:21
7	134	MICHAEL BERKS	M	MV40	ALTRINCHAM & DISTRICT ATHLETIC CLUB LIMITED	00:16:22
8	96	JAMES BROWN	M	MSEN	PRESTWICH AC	00:16:27
9	126	CONNOR WALSH	M	MSEN	OLDHAM & ROYTON H & AC	00:16:27
10	107	SAM JACKSON	M	MSEN		00:16:29
11	124	MARLOW UPTON	M	MSEN	MANCHESTER YMCA HARRIERS	00:16:38
12	118	DAVID PARKIN	M	MV35		00:16:46
13	120	MATTHEW SMITH	M	MSEN	EAST CHESHIRE HARRIERS & TAMESIDE AC	00:16:48
14	98	BEN FARRELLY	M	MV40	SALFORD METROPOLITAN AC	00:16:48
15	123	PHILIP TOMKINSON	M	MV35	MANCHESTER YMCA HARRIERS	00:16:57
16	99	LEE FERGUSON	M	MV35		00:17:10
17	109	SAM MABBOTT	M	MV35		00:17:11
18	119	JAMES RAVEN	M	MV40	KEIGHLEY & CRAVEN AC	00:17:13
19	128	JOSH WALTON	M	MSEN	EAST CHESHIRE HARRIERS & TAMESIDE AC	00:17:26
20	135	CARLA DAVIES	F	FV35	PRESTON HARRIERS	00:17:27
21	102	MATT HARRATT	M	MV35	OLDHAM & ROYTON H & AC	00:17:29
22	125	OLIVER WALKER	M	MU20	EAST CHESHIRE HARRIERS & TAMESIDE AC	00:17:29
23	104	RICHARD HAYES	M	MV40	STOCKSBRIDGE RUNNING CLUB	00:17:36
24	97	JOE CLEVERLEY	M	MV35	HYDE VILLAGE STRIDERS	00:17:38
25	112	TOM MCMAHON	M	MV40	EAST CHESHIRE HARRIERS & TAMESIDE AC	00:17:41
26	129	ABIGAIL WARBURTON	F	FSEN	BURY ATHLETIC CLUB	00:17:42
27	103	JAMES HARTSHORNE	M	MV40	EAST CHESHIRE HARRIERS & TAMESIDE AC	00:17:46
28	131	DAVE NORMAN	M	MV45	ALTRINCHAM & DISTRICT ATHLETIC CLUB LIMITED	00:17:47
29	100	NIA GRIFFIN	F	FU20	START2JOG	00:17:54
30	92	JOHN ASHURST	M	MV45	CHORLTON RUNNERS	00:17:56
31	101	ISOBEL HALL	F	FU20		00:17:58
32	127	VIC WALSH	M	MV45	BELLE VUE RACERS	00:18:04
33	111	ALEX MASIDLOVER	M	MV45		00:18:05
34	93	DANIEL BAILEY	M	MV35	MANCHESTER YMCA HARRIERS	00:18:09
35	94	LOUIS BRIERLEY	M	MV35	MOSSLEY RUNNING CLUB	00:18:14

Heat B						
Pos	Race no.	Name	Gender	Cat	Club	Time
1	65	ALLAN COOKE	M	MV35	EAST CHESHIRE HARRIERS & TAMESIDE AC	00:18:01
2	85	DARREN SMITH	M	MV45	HYDE VILLAGE STRIDERS	00:18:01
3	66	DAVID CORNES	M	MV40		00:18:23
4	81	EMMA RAVEN	F	FV40	KEIGHLEY & CRAVEN AC	00:18:29
5	59	JONATHAN AUST	M	MV45	EAST CHESHIRE HARRIERS & TAMESIDE AC	00:18:30
6	61	ADAM BATTERSBY	M	MV40	MOSSLEY RUNNING CLUB	00:18:46
7	58	ANDREW ARMSTRONG	M	MV55	BELLE VUE RACERS	00:18:52
8	88	DENNIS THOMAS	M	MV50	EAST CHESHIRE HARRIERS & TAMESIDE AC	00:19:02
9	78	ROB MCMURDO	M	MV35		00:19:11
10	79	IAN NUTTALL	M	MV55	PRESTWICH AC	00:19:13
11	136	STEVE JONES	M	MV40	EAST CHESHIRE HARRIERS & TAMESIDE AC	00:19:14
12	137	MATT COOKE	M	MSEN		00:19:16
13	74	ALEXANDER LEACH	M	MSEN	BURY ATHLETIC CLUB	00:19:19
14	86	GEORGE STEELE	M	MV40	MANCHESTER HARRIERS & AC	00:19:23
15	73	MIKE KENNEDY	M	MSEN		00:19:27
16	68	LUCY DENT	F	FU20	BURY ATHLETIC CLUB	00:19:30
17	63	KYLE CLAYTON	M	MSEN	EAST CHESHIRE HARRIERS & TAMESIDE AC	00:19:43
18	77	JOHN MCINTYRE	M	MSEN	DRAGONS RUNNING CLUB (SALE)	00:19:55
19	64	PETE COLLUM	M	MSEN		00:20:01
20	130	GAVIN BROWNE	M	MV35	EAST CHESHIRE HARRIERS & TAMESIDE AC	00:20:02
21	67	LAURA COUCILL	F	FV40	SALFORD HARRIERS & AC	00:20:05
22	89	STEVEN WARD	M	MV40	DRAGONS RUNNING CLUB (SALE)	00:20:09

23	91	JOE WORTHY	M	MSEN	MANCHESTER RUN CLUB	00:20:12
24	132	DOMINIC SEXTON	M	MV55	NORTHERN MASTERS AC	00:20:15
25	69	IAN EMERTON	M	MV45	DRAGONS RUNNING CLUB (SALE)	00:20:32
26	83	KEVIN RYAN	M	MV35	GLOSSOPDALE HARRIERS	00:20:53
27	82	MATTHEW ROTHWELL	M	MV40	EAST CHESHIRE HARRIERS & TAMESIDE AC	00:21:05
28	80	GLENN PIPER	M	MV60	EAST CHESHIRE HARRIERS & TAMESIDE AC	00:21:21

Heat C

Pos	Race no.	Name	Gender	Cat	Club	Time
1	57	BILL ALLWOOD	M	MV55		00:20:04
2	43	ANDY LAND	M	MV60	DRAGONS RUNNING CLUB (SALE)	00:20:24
3	56	GAZ WILLIAMS	M	MSEN		00:20:35
4	35	NATHAN CORNISH	M	MV50	DRAGONS RUNNING CLUB (SALE)	00:20:40
5	39	NICHOLAS HEMMING	M	MV40	DRAGONS RUNNING CLUB (SALE)	00:20:49
6	55	SEBASTIAN STEWART	M	MU20	EAST CHESHIRE HARRIERS & TAMESIDE AC	00:20:50
7	27	DEMI BAXTER	F	FU20	EAST CHESHIRE HARRIERS & TAMESIDE AC	00:20:50
8	76	KAIRAN MALLETT	M	MU20		00:21:08
9	54	NATHAN SMITH	M	MSEN		00:21:33
10	36	GOSIA GROCHOWSKA	F	FV35		00:21:51
11	53	EMMA SMITH	F	FV35		00:21:57
12	28	ALAN BEAUMONT	M	MV35	MANCHESTER YMCA HARRIERS	00:22:05
13	49	DANIEL MURPHY	M	MSEN		00:22:08
14	38	MOLLY HAYES	F	FU20	STOCKSBRIDGE RUNNING CLUB	00:22:14
15	42	PHIL JACKSON	M	MV50		00:22:14
16	37	DANIEL HARRATT	M	MSEN		00:22:36
17	34	ABBEY CLAYTON	F	FSEN		00:22:52
18	47	CHELSEA MEARS-GRAHAM	F	FV35	MARPLE RUNNERS	00:22:58
19	41	CRAIG HORSFIELD	M	MV50		00:23:16
20	52	ALIESHA SMITH	F	FU20	EAST CHESHIRE HARRIERS & TAMESIDE AC	00:23:21
21	40	ROY HOLLAND	M	MV60		00:23:41
22	46	STEPHANIE MALLETT	F	FV40	HYDE VILLAGE STRIDERS	00:23:48
23	50	ANDY RILEY	M	MV45	LONELY GOAT RC	00:24:05
24	33	JAMES CARTER	M	MV35		00:24:21
25	44	ANNE MARIE LORD	F	FV55		00:24:51
26	72	KATIE KAY	F	FV40		00:24:59
27	45	JENNIFER MABBOTT	F	FV40	EAST CHESHIRE HARRIERS & TAMESIDE AC	00:25:16

Heat D

Pos	Race no.	Name	Gender	Cat	Club	Time
1	17	NICOLA SIDDALL	F	FV35		00:21:42
2	24	HAYLEY WILD	F	FV40		00:24:49
3	22	ROBERT TODD	M	MV60	DRAGONS RUNNING CLUB (SALE)	00:25:24
4	31	LAURA BLYTHIN	F	FV40	MOSSLEY RUNNING CLUB	00:25:35
5	25	GRAEME WILKINSON	M	MV40	MANCHESTER YMCA HARRIERS	00:25:38
6	4	TERRY BURKE	M	MV60		00:25:42
7	133	MECKHEL COUSINS	F	FV45		00:25:52
8	10	CAROL KERSHAW	F	FV50	HYDE VILLAGE STRIDERS	00:26:06
9	3	NICK BOYLE	M	MV45		00:27:35
10	14	KATY SANDERSON	F	FSEN		00:28:22
11	9	RACHAEL HORROCKS	F	FV50	HYDE VILLAGE STRIDERS	00:28:28
12	6	MATTHEW COLGAN	M	MV35	MOSSLEY RUNNING CLUB	00:28:30
13	16	JONATHAN SEVILLE	M	MV35		00:28:39
14	2	GEMMA BOYLE	F	FV40		00:29:03
15	11	STEPHEN MCBURNIE	M	MV40	EAST CHESHIRE HARRIERS & TAMESIDE AC	00:29:11
16	5	ANNETTE CLARKE	F	FV55		00:29:12
17	21	CARA TAYLOR	F	FV40		00:29:49
18	12	JENNIFER POOLE	F	FV35	MOSSLEY RUNNING CLUB	00:29:49
19	51	HAYLEY SIMPSON	F	FSEN	EAST CHESHIRE HARRIERS & TAMESIDE AC	00:29:52
20	13	ANDY ROBSON	M	MV40	HYDE VILLAGE STRIDERS	00:30:36
21	23	MOLLIE WEBB	F	FU20		00:31:39
22	15	TILLIAH SANGSTER	F	FU20		00:32:35
23	19	CLARE STEWART	F	FV50	EAST CHESHIRE HARRIERS & TAMESIDE AC	00:33:16